



Volunteer Position Description

Position Title: Sample Food Preparer

Purpose: The purpose of this position is to prepare quick and healthy meals or snacks using some of the food customers may be given in the store. Sometimes the food is unfamiliar to customers or seen as difficult to prepare so this volunteer serves to educate the alternative.

Location: The Sample Meal Preparer works in the waiting room kitchen of the Food Shelf.

Key Responsibilities:

- Prepare a sample food
- Provide a recipe
- Clean up kitchen when finished
- Share information about the dish with customers

Responsible to: Debbie Johnson, Volunteer Coordinator at Bemidji Community Food Shelf

Time Commitment: Shifts are available on Monday, Wednesday, and Friday mornings when the food shelf is open. You pick your days and how much time you would like to commit (9am-noon is a typical shift length).

Useful Skills: Ability to work independently, cooking and baking experience, creative, personable

Support: Recommendations of meals will be made from the Food Shelf staff in addition to information about what foods the shelf has a lot of right now.

Dress Code: Casual

Activity Level: Standing, bending, lifting as needed in kitchen

How to Apply/ Contact Information: To sign up for this volunteer position, please contact Debbie Johnson, Volunteer Coordinator at 218-444-6580 or bcfsvolunteer@gmail.com and mention your interest in preparing sample foods.